



## Bay Area Community Health Advisory Council (BACHAC)

- A grass roots community health organization
- Address health disparities in diverse communities across generations
- Through awareness, education, access to resources, advocacy
- In partnership/collaboration with a diverse groups
- Supporting a culture of Innovation and inclusion



#### Session Purpose

- Support community with relevant information, resources & tools during this challenging time
- Address unique needs of the community
- Provide forum to address questions
- Increase awareness not a substitute for professional advice for specific situations



### Housekeeping

- Appreciate your patience and flexibility as BACHAC launches into the virtual world
- BACHAC's steps to protect privacy
- Everyone is on mute
- Write Questions to Q and A Section/Text 650-888-4065
- Session is being recorded
- Recording/Slides to be posted on BACHAC website



#### Meeting Agreements

- Be engaged
- Be curious and open
- Challenge ideas, not the person
- Seek to understand
- Stretch yourself
- Help us....Help you



### COVID-19, the Impact on Our Community & What We Can Do About it

Dr. Kim. F. Rhoads, MD, MS, MPH Associate Professor, Epidemiology & Biostatistics, UCSF Associate Director, Community Engagement Helen Diller Family Comprehensive Cancer Center

May 19, 2020









# Heart smart Tips for Working at Home (Part 1)

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Sheree Williams, Publisher of Cuisine Noir Magazine and Cheryl Davis, Nutrition Instructor

May 27, 2020



